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Arrhythmias and Clinical EP

INCIDENCE OF POSTOPERATIVE ATRIAL FIBRILLATION (POAF) AFTER ROBOTIC CABG VERSUS TRADITIONAL CABG AND ITS ASSOCIATED MORTALITY AND MORBIDITY

Poster Contributions

Hall C

Sunday, March 30, 2014, 3:45 p.m.-4:30 p.m.

Session Title: Arrhythmias and Clinical EP: New Observations Affecting Clinical Management

Abstract Category: 4. Arrhythmias and Clinical EP: AF/SVT

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Background: Postoperative Atrial Fibrillation (POAF) is a common complication following cardiac surgeries. Minimally invasive revascularization; like Robotic CABG (R-CABG) have shown comparable efficacy and shorter length of stay as compared to traditional sternotomy CABG. However, there is no data comparing two forms of revascularization and their associated POAF.

Methods: This is a retrospective, single center study that included all R-CABG and CABG performed at our institution from 2003-2012. Primary outcome of the study is incidence of POAF. Secondary outcomes are thirty day mortality and length of stay (LOS).

Results: There were 1324 patients in CABG and 991 in R-CABG group. CABG group had higher mean age (66.2 vs 65.2), more males (75.7% vs 70.1%), more no. of disease vessels (2.83 vs 2.17) with higher graft anastomosis (3.44 vs 1.31) compared with R-CABG arm. There was higher incidence of POAF in CABG arm (26.5%) vs R-CABG (15.2%) $p < 0.001$; OR 2.067 [1.66-2.56]. After adjusting for confounders, $p = 0.018$; 1.93 [1.12-3.34]. There was shorter LOS 5.96 vs 7.95 days ($p < 0.001$) and higher 30 day survival 97.3% vs 89.1% ($p < 0.001$) in R-CABG group. However, survival analysis is limited due to higher unavailable data for CABG arm (9.8%).

Conclusion: Incidence of POAF is higher in traditional CABG as compared to R- CABG. The incidence is independently predicted by the choice of revascularization technique and is associated with higher morbidity. Choice of surgery may play a role in reducing morbidity due to POAF.

Variables	CABG (1324)	R-CABG (991)	P value
POAF 9%)	351 (26.5%)	151 (15.2%)	<0.001*
30 day status			<0.001*
Dead	14 (1.1%)	9 (0.9%)	
Alive	1179 (89.1%)	964 (97.3%)	
Unknown	130 (9.8%)	18 (1.8%)	
Mean & median post op LOS (days)	7.95 & 6	5.96 & 4	<0.001*
Left main disease 9%)	471 (35.6%)	139 (14%)	<0.001*
Mean no. of disease vessels	2.83	2.17	<0.001*
Mean no. of distal anastomosis	3.44	1.31	<0.001*
Intra-op bleeds requiring transfusion (%)	318 (24%)	66 (6.7%)	<0.001*
COPD (%)	176 (13.3%)	158 (16%)	0.63
CHF (EF<40%)	16.6%	11.7%	0.001*
Mean EF	48±13.6	52±12.3	
Age (years)	66.2±9.98	65.6±11.2	0.023*
Males (%)	1002 (75.7%)	695 (70.1%)	0.003*
DM (%)	41.4%	38%	0.108
HTN (%)	86.5%	83.2%	0.031*
Permanent CVA (%)	1.2%	0.6%	0.23
Extubated in OR (%)	78.4%	88.5%	<0.001*
Reintubated (%)	5.3%	3.8%	0.10
Ventilator > 24 hr (%)	16%	11.4%	0.107
BMI	29.08±5.71	29.48±5.83	0.103
Post op Renal failure (%)	5.6%	4.5%	0.327